

# **Rainbow Ealy Learning Center**

Infant through Preschool Learning Academy

## ***Toddler Daily Schedule – Rm. 2***

<b>7:00 a.m. - 8:30 a.m.</b>	<b>Diapering/Breakfast</b> <i>Goals: Relationships &amp; trust, emotional expression, self-regulation</i>
<b>8:30 a.m. - 9:00 a.m.</b>	<b>Circle time</b> <i>Goals: listening skills, respect of self, others and environment</i>
<b>9:00 a.m. – 9:30 a.m.</b>	<b>Story Time / Arts and Crafts</b> <i>Goals: Sensorimotor, Introduce letter, numbers, colors, shapes</i>
<b>9:30 a.m. – 10:15 a.m.</b>	<b>Outdoor/Indoor Play</b> <b>Goals:</b> Social interaction; physical health and gross motor skills
<b>10:15 a.m. – 11:15 a.m.</b>	<b>Wash-up /Ready for Lunch</b>
<b>11:15 noon - 12:15 p.m.</b>	<b>Lunch/Diapering</b> <i>Goals: Social interaction, good hygiene habits</i>
<b>12:15 p.m. – 2:15 p.m.</b>	<b>Nap time</b> <b>Goals:</b> Relaxation & Rest
<b>2:15 p.m. – 2:45 p.m.</b>	<b>Wake up/ Quite Time / Diapering</b> <i>Goals: listening skills, respect of self, others, and environment</i>
<b>2:45 p.m. – 3:15 p.m.</b>	<b>Afternoon snack</b> <i>Goals: Social interaction, good hygiene habits</i>
<b>3:15 p.m. – 4:15 p.m.</b>	<b>Afternoon Activities/ Music &amp; Body Movement/ Outdoor Play</b> <i>Goals: gross motor skills, creative expression</i>
<b>4:15 p.m. –6:00 p.m.</b>	<b>Extended day care / Indoor / Diapering</b> <i>Goals: Healthy practices</i>