

Rainbow Early Learning Center

Infant through Preschool Learning Academy

Daily Preschool Schedule – (4 yr.-5 yr.)

<i>7:00 a.m. - 8:00 a.m.</i>	<i>Morning greetings, children put away belongings,</i>
<i>8:00 a.m. - 9:00 a.m.</i>	<i>Breakfast: Children who bring their own breakfast, set up their own table, clean up after themselves Children gather and engage in conversation with teacher and friends.</i>
<i>9:00 a.m. - 9:30 a.m.</i>	<i>Flag Salute Show patriotism and respect to the country Physical Education Goals: Independence, social interaction</i>
<i>9:30 a.m. – 10:00 a.m.</i>	<i>Circle time (news time, sharing, review of school rules, discussion of problems, theme of the month, etc.) Goals: Group identity; listening skills, respect of self, others and environment, learning to identify and solve problems</i>
<i>10:00 a.m. – 11:15 a.m.</i>	<i>Language art/ Mathematics/ Handwriting Goals: Emphasize on speaking, listening, reading, sight words, and phonics and writing skills. Goals: activities that help children sharpen their visual, critical thinking and problem-solving skills</i>
<i>11:15 a.m. – 11: 50 a.m.</i>	<i>Recess/ Outdoor activities: Mondays: Dance Goals: Social interaction; physical health and gross motor skills</i>
<i>11:50 a.m. – 12:00 Noon</i>	<i>Clean up. Wash up and get Ready for Lunch Goals: Independence, social interaction, good hygiene habits</i>
<i>12:00 noon - 12:30 p.m.</i>	<i>Lunch Goals: develop listening skills and responsibility for setting up lunch tables and cleaning up.</i>
<i>12:30 p.m. – 2:30 p.m.</i>	<i>Nap time Goals: Relaxation</i>
<i>2:30 p.m. – 3:00 p.m.</i>	<i>Snack/ Wake up time</i>
<i>3:00 p.m. – 3:30 p.m.</i>	<i>Arts and Crafts, Afternoon activities</i>
<i>3:30 p.m. – 4:00 p.m.</i>	<i>Music & body movement/afternoon activities</i>
<i>4:00 p.m. –4:50 p.m.</i>	<i>Outdoor activities</i>
<i>4:50 pm - 5:20 p.m.</i>	<i>Clean up. Wash and get ready for indoor activity</i>
<i>5:20 p.m. – 6:00 p.m.</i>	<i>Quiet group activities/ Dismissal Goals: Parent interaction and end child's day pleasantly</i>