

# **Rainbow Ealy Learning Center**

Infant through Preschool Learning Academy

## ***Infant Schedule – Rm. 1***

<b><i>7:00 a.m. – 9:00 a.m.</i></b>	<b><i>Diapering/Breakfast</i></b> <b><i>Goals: Relationships &amp; trust, emotional expression, self-regulation</i></b>
<b><i>9:30 a.m. – 10:15 a.m.</i></b>	<b><i>Free Play</i></b> <b><i>Goals: gross motor skills, creative expression</i></b>
<b><i>10:30 a.m. – 11:00 a.m.</i></b>	<b><i>Outdoor Play</i></b> <b><i>Goals: Social interaction; physical health and gross motor skills</i></b>
<b><i>11:00 a.m. – 11:30 a.m.</i></b>	<b><i>Wash-up /Ready for Lunch</i></b>
<b><i>11:30 a.m. – 12:00 p.m.</i></b>	<b><i>Lunch/Diapering</i></b> <b><i>Goals: Social interaction, good hygiene habits</i></b>
<b><i>12:15 p.m. – 2:15 p.m.</i></b>	<b><i>Nap time/ Diapering/ Snack Time</i></b> <b><i>Goals: Relaxation &amp; Rest</i></b>
<b><i>2:30 p.m. –3:00 p.m.</i></b>	<b><i>Afternoon Activities/ Music &amp; Body Movement/ Outdoor Play</i></b> <b><i>Goals: listening skills, respect of self, others, and environment</i></b>
<b><i>3:00 p.m. – 6:00 p.m.</i></b>	<b><i>Extended day care / Indoor / Diapering/ Feeding</i></b> <b><i>Goals: Social interaction, good hygiene habits</i></b>