

Rainbow Early Learning Center

Infant through Preschool Learning Academy

Daily Preschool Schedule (2 Yr. - 3 Yr.)

7:00 a.m. - 8:30 a.m.	Morning Greetings children put away belongings. Breakfast: Children bring their own breakfast, set up their own table, clean up after themselves. Children gather and engage in conversation with teacher and friends
8:30 a.m. - 9:00 a.m.	Flag Salute/Physical Education Goals: Show patriotism and respect to the country. Independence, social interaction
9:00 a.m. – 9:30 a.m.	Circle time (news time, sharing, review of school rules, discussion of problems, theme of the month, etc.) Goals: Group identity; listening skills, respect of self, others, and environment, learning to identify and solve problems, Phonics
9:30 a.m. – 9:50 a.m.	Morning snack Wash Hands and get ready for snack. Goals: Independence, social interaction, good hygiene habits
9:50 a.m. – 10:30 a.m.	Work time Explore and use materials in the practical life, math, language, social studies, science, art, and manipulative areas of study. Each child will work and learn at their own pace Goals: coordination, concentration, independence, growth in cognitive and perceptual skills, and building self esteem
10:30 a.m. – 11:30 a.m.	Outdoor activities: Goals: Social interaction; physical health and gross motor skills
11:30a.m. - 12:00 noon	Lunch Goals: develop listening skills and responsibility for setting up lunch tables and cleaning up.
12:00 Noon –12:30 p.m.	Story/ Quiet time Goals: Listening skills
12:30 p.m. – 2:30 p.m.	Nap time Goals: Relaxation
2:30 p.m. – 3:00 p.m.	Snack/ Wake up time Goals: independence and care of self and environment
3:00 p.m. – 3:30 p.m.	Arts and Crafts, Afternoon activities
3:30 p.m. – 4:00 p.m.	Music & body movement/afternoon activities
4:30 p.m. –5:30 p.m.	Outdoor activities
5:30 pm – 6:00 p.m.	Clean up. Wash/Quiet group activities/ Dismissal